

Palette & Chisel Academy of Fine Arts
Still Life: Palette knife & Brush Techniques
Helen Oh, Instructor

List of Oil Painting Supplies

1. Canvas boards: one 9" x 12" , and one 14" x 17 (or larger)
2. Vine charcoal
3. Metal painting knife with bent handle
Blick Painting Knife - Mini Needle Trowel 61, or Blick Comfort Grip Palette Knife by RGM
<https://www.dickblick.com/items/blick-painting-knife-616-x-2-16-detail-style-61-/>
4. **Suggested oil colors**
 - White
 - Lemon Yellow or Cadmium Yellow
 - Indian Yellow
 - Transparent Earth Yellow (Gamblin) or Raw Sienna
 - Yellow Ochre
 - Mars Violet or Caput Mortuum
 - Venetian Red
 - Vermilion hue (Winton) or Cadmium Red
 - Alizarin Crimson
 - Chromium Oxide Green
 - Raw Umber
 - Ultramarine Blue
 - Cobalt Blue
 - Ivory Black
5. **Suggested brushes**
 - Synthetic hair or Hog bristle brushes, flat: 1/2"—1" wide
 - Nylon or synthetic hair brushes, flat: 1/8", 1/4", 1/2" wide
 - Natural hair brushes, round #1 brushes
 - Soft squirrel brushes for blending (see mop brush for watercolors at Utrecht store) or fan brush
6. White paper palette (disposable) or plastic palette
7. *Gamsol* (**not** natural *Turpenoid*)
8. Stand oil and a small bottle for oil medium (spice jar or pharmacy pill bottle)
9. Two small metal cups
10. Rags & paper towels