

Palette & Chisel Academy of Fine Arts
Still Life: Palette knife & Brush Techniques
Helen Oh, Instructor

List of Oil Painting Supplies

1. Canvas or canvas board: one 16" x 20" or larger
2. Vine charcoal
3. Metal painting knife with bent handle
Blick Painting Knife - Mini Needle Trowel 61, or Blick Comfort Grip Palette Knife by RGM
<https://www.dickblick.com/items/blick-painting-knife-616-x-2-16-detail-style-61-/>
4. **Suggested oil colors**
White
Lemon Yellow or Cadmium Yellow
Indian Yellow
Transparent Earth Yellow (Gamblin) or Raw Sienna
Yellow Ochre
Mars Violet or Caput Mortuum
Venetian Red
Vermilion hue (Winton) or Cadmium Red
Alizarin Crimson
Chromium Oxide Green
Raw Umber
Ultramarine Blue
Cobalt Blue
Ivory Black
5. **Suggested brushes**
Synthetic hair or Hog bristle brushes, flat: 1/2"—1" wide
Nylon or synthetic hair brushes, flat: 1/8", 1/4", 1/2" wide
Natural hair brushes, round #1 brushes
Soft squirrel brushes for blending (see mop brush for watercolors at Utrecht store) or fan brush
6. White paper palette (disposable) or plastic palette
7. *Gamsol* (**not** natural *Turpenoid*)
8. Stand oil and a small bottle for oil medium (spice jar or pharmacy pill bottle)
9. Two small metal cups
10. Rags & paper towels